



Connect Webinar Series 2021

*proudly presents this free **online** webinar*

Supporting parents of children with anxiety

Are you struggling to support your young child or teenager with anxiety?

CSPV provides this opportunity for you to learn from leading anxiety speaker and educator **Dr Jodi Richardson**. Jodi is the best-selling co-author of *Anxious Kids* and a regular media commentator on issues related to anxiety, wellbeing and parenting.

This free 90 minute Webinar will provide you with strategies to know how to respond, how you can help, when to seek professional help and much more.

Saturday 24th April, 10:30am-12pm

Click [here](#) to register now



MamaM!a



Mindful
Parenting

Penguin
Random
House